

Inspire

Learning Center

Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Organic Waffles (GF Option) W/ Organic Syrup With Organic Banana Slices	Organic Yogurt (DF/V Option) W/ Granola and Organic Berries	Organic Toast (GF Option) W/ organic butter (DF/V option) and organic strawberry spread and apple slices	Organic cereal (GF Option) with Organic 2% milk (DF/V Option)	Organic Sausage (V Option) with organic eggs and Toast (GF option)
Morning Snack	Organic Gold fish (GF Option) with raisins	Organic Cheese Stick (DF/V Option) with apple slices	Pretzel with Cheese stick (GF Option)	Organic veggie sticks and organic barries	Organic cookies (GF Option) with Organic grapes (cut up)
Lunch	Organic Vegetable Soup with toast (GF Option)	Organic lentil soup with bread (GF Option)	Organic Chicken Soup (V option) with crackers (GF option)	Cream of broccoli soup with crackers (GF option)	Cabbage Soup (Borsch) with bread (GF Option)
Afternoon Meal	Grilled Chicken with Rice (V option)	Organic chicken nuggets (V option) with carrots, broccoli and potato's (DF/V Option)	Organic meat balls/falafel with rice and steamed peas	Organic mac and cheese (GF/DF/V Option) with organic steamed vegetables	Pizza Day! (GF option)